

# TRACEN Petaluma Haley Hall Dining Facility

07JUL25 - 13JUL25

6	BREAKFAST	Calories	LUNCH	Calories	DINNER	Calories
M O N D A Y	FRESH FRUIT	VARIES	CREAM OF MUSHROOM SOUP	220	HONEY GLAZED HAM	350
	CREAM OF WHEAT	110	HUNGARIAN BEEF AND ONION STEW	220	ROASTED TURKEY	214
	ASST. TOPPINGS	VARIES	PAPRIKASH CHICKEN	300	MASHED POTATOES W/ GRAVY	325
	EGGS & OMELETS TO ORDER	VARIES	LETCHO HUNGARIAN RICE	200	STUFFING	150
	BOILED EGGS	78	ROASTED RED POTATOES	120	ROASTED VEGETABLE MEDLEY	77
	CHICKEN APPLE / PORK SAUSAGE LINKS	180	GRILLED EGGPLANT	120	GREEN BEAN CASSEROLE	120
	HASH BROWNS	151	SAUTEED BRUSSEL SPROUTS	30	BUTTERMILK BISCUITS	190
WHOLE WHEAT PANCAKES	210	HOT DINNER ROLLS	80			
FRESH CORNED BEEF HASH	320					
T U E S D A Y	FRESH FRUIT	VARIES	MEXICAN STREET CORN SOUP	110	SPAGHETTI & MEATBALLS	500
	OATMEAL	158	CHIPOTLE CHICKEN	275	GRILLED CHICKEN BREAST	135
	ASST. TOPPINGS	VARIES	PORK CARNITAS W/ TORTILLAS	300	ROASTED FINGERLING POTATOES	120
	EGGS & OMELETS TO ORDER	VARIES	FRIJOLES DE OLLA	180	STEAMED GREEN BEANS	165
	BOILED EGGS	78	CILANTRO LIME RICE	211	ITALIAN BLEND VEGETABLES	VARIES
	BACON / SAUSAGE PATTIES	92/180	ELOTE ASADO (CORN)	302	GARLIC BREAD	92
	VEGAN SAUSAGE	180	COTIJA ROASTED MEXICAN VEGETABLES	110		
SHREDDED HASH BROWNS	151	TOPPINGS BAR	VARIES			
FRENCH TOAST W/ BUTTER & SYRUP	210	<u>PLATED ALTERNATIVE</u>				
BISCUITS & SAUSAGE GRAVY	386	NACHO BAR	350			
W E D N E S D A Y	FRESH FRUIT	VARIES	COCONUT LENTIL SOUP	300	SPICY SHRIMP ETOUFFEE	395
	HOT GRITS	142	JAMAICAN BEEF STEW	450	BLACKENED CHICKEN W/ CREOLE SAUCE	280
	ASST. TOPPINGS	VARIES	JERK CHICKEN	335	STEAMED WHITE RICE	241
	EGGS & OMELETS TO ORDER	VARIES	STEAMED JASMINE RICE	165	CARROT ALMONDINE	41
	BOILED EGGS	78	RASTA PASTA	298	STEAMED LIMA BEANS	121
	TURKEY / MAPLE PORK SAUSAGE LINKS	180	CARIBBEAN BLEND VEGETABLES	50	CORNBREAD	190
	HASH BROWNS	110	TANGY SPINACH	35	BUTTERMILK BISCUITS	190
BLUEBERRY PANCAKES	210	NAAN BREAD	80			
SPINACH QUICHE	355	<u>PLATED ALTERNATIVE</u>				
LAMB CURRY W/ ROASTED ROMANESCO		455				
T H U R S D A Y	FRESH FRUIT	VARIES	<b>CHANGE OF COMMAND</b>		KATSU CHICKEN	350
	CREAM OF WHEAT	110	BEEF TENDERLOIN W/ KOREAN BBQ GLAZE	380	GRILLED CHICKEN	214
	ASST. TOPPINGS	VARIES	SMOKED KALUA PORK	360	CALROSE RICE	325
	EGGS & OMELETS TO ORDER	VARIES	GRILLED HULI HULI CHICKEN W/ PINEAPPLE SALSA	280	STEAMED EDAMAME	150
	BOILED EGGS	78	VEGETABLE CHOW MEIN	320	SWEET CHILI BOK CHOY	77
	BACON / HOT SAUSAGE LINKS	92/180	SPAM FRIED RICE	250	VEGETABLE EGG ROLL W/ DIPPING SAUCE	VARIES
	VEGAN SAUSAGE	180	MISO GARLIC KALE	85		
GOLDEN HASH BROWN PATTIES	151	BROCCOLI & CAULIFLOWER MEDLEY	120			
BUTTERMILK PANCAKES	210	HAWAIIAN ROLLS	100			
BREAKFAST SANDWICHES	340	<u>PLATED ALTERNATIVE</u>				
SPICY AHI & SHOYU POKE W/ SUSHI RICE		VARIES				
F R I D A Y	FRESH FRUIT	VARIES	SHRIMP BISQUE	410	ROASTED CHICKEN QUARTERS	280
	OATMEAL	158	CATCH OF THE DAY	VARIES	MASHED POTATOES & GRAVY	180
	ASST. TOPPINGS	VARIES	NY STRIP STEAK	704	ROASTED SWEET POTATOES	400
	EGGS & OMELETS TO ORDER	VARIES	ROASTED PEBBLE POTATO	242	CREAMED SPINACH	186
	BOILED EGGS	78	HERBED SAFFRON RICE	230	CORN ON THE COB	160
	CHICKEN APPLE / PORK SAUSAGE PATTIES	180	CANDIED GINGER ROOT VEGETABLES	35	HOT DINNER ROLLS	80
	HASH BROWNS	151	YELLOW SQUASH PROVENCAL	55		
FRENCH TOAST W/ BUTTER & SYRUP	210	COLD BAR	VARIES			
BREAKFAST BURRITOS	320					
S A T U R D A Y	FRESH FRUIT	VARIES	SLOPPY JOES	365	STICKY BBQ RIBS	326
	HOT GRITS	142	CAJUN FRIES	165	CHICKEN WINGS	260
	ASST. TOPPINGS	VARIES	BAKED BEANS	189	MACARONI & CHEESE	325
	EGGS & OMELETS TO ORDER	VARIES	BROCCOLI & CAULIFLOWER MEDLEY	84	POTATO SALAD	190
	BOILED EGGS	78	STEAMED PEAS & CARROTS	76	POTATO SALAD	190
	BACON / MAPLE PORK SAUSAGE LINKS	92/180			PEAS WITH PEARL ONIONS	160
	VEGAN SAUSAGE	180			SOUTHERN GREEN BEANS	160
HASH BROWNS	151			CORN BREAD	120	
BUTTERMILK PANCAKES	210					
BISCUITS & SAUSAGE GRAVY	386					
S U N D A Y	FRESH FRUIT	VARIES	EGGS & OMELETS TO ORDER	VARIES	MARINATED HANGER STEAK	320
	CREAM OF WHEAT	110	CORNED BEEF HASH / SAUSAGE	320/180	WALDORF SWEET POTATOES	VARIES
	ASST. TOPPINGS	VARIES	WAFFLES W/ BUTTER & SYRUP	210	ORZO PILAF	215
	EGGS & OMELETS TO ORDER	VARIES	FRENCH DIP SANDWICHES W/ AU JUS	350	BRAISED BRUSSEL SPROUTS	98
	BOILED EGGS	78	TATER TOTS	165	ROASTED ASPARAGUS	45
	TURKEY / PORK SAUSAGE LINKS	180	BLACK BEAN QUINOA SALAD	132	HOT DINNER ROLLS	80
	GOLDEN HASH BROWNS PATTIES	151	MALIBU BLEND VEGETABLES	110		
WAFFLES W/ BUTTER & SYRUP	210					

Week 6

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By: CSC E. S. SANCHEZ Dining Facility Supervisor	Reviewed By: CSCS N. E. Mogan Food Service Officer	Approved By: Captain M. M. Chong Commanding Officer
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